

Did you know certain drugs are available to you with no cost-sharing?

Your prescription drug benefits cover the following list of preventive care drugs with no cost-sharing, as required by the Affordable Care Act.

The drugs on this list include certain prescription and over-the-counter (OTC) products, including generics and those brands that do not have a generic equivalent or generic alternative. These drugs are eligible for coverage with no cost-sharing with a prescription when provided by an in-network retail or mail order pharmacy.*

Use this list to talk with your provider about options that may be appropriate and available to you at no cost.

Adult \$0 preventive drugs

- Aspirin.[†] For pregnant women after 12 weeks gestation who are at high risk for preeclampsia. Only aspirin 81 mg is covered.
- **Breast cancer chemoprevention.** For members ages 35 and older. Only tamoxifen 20 mg is covered.
- Bowel preparation products. For members ages 45 – 75. Includes generic prescription products and polyethylene glycol 3350 powder for solution indicated for colonoscopy prep.

To be eligible for no cost-sharing, you'll need to:

- · Get a prescription from your provider
- Fill the prescription at an in-network pharmacy
- Meet applicable age and other coverage requirements[‡]

• **Contraceptives.** For women. Includes, but is not limited to, most oral, injectable, transdermal (e.g., Xulane®), diaphragms, cervical caps, intravaginal (e.g., etonogestrel ethinyl estradiol vaginal ring), condoms, and contraceptive film and jelly.

Note: Intrauterine devices (IUD) and implantable products are covered under the medical benefit.



- **Folic acid.**[†] For women planning for or capable of pregnancy. Limited to 0.4 0.8 mg of folic acid.
- Statin preventive medication. For adults ages 40 – 75 with no history of cardiovascular disease. Includes lovastatin 40 mg or less.
- **Tobacco interventions.** For adults who use tobacco products. Includes varenicline, bupropion HCL (generic Zyban®), and nicotine replacement products (i.e., nicotine gums, nicotine inhalers, and nicotine patches).

Prevention of human immunodeficiency virus (HIV) infection

Preexposure prophylaxis. For persons with no history of HIV infection who are at high risk for HIV acquisition. Includes emtricitabine-tenofovir disoproxil fumarate 200 – 300 mg and tenofovir 300 mg.

Children's \$0 preventive drugs

• **Fluoride.**[†] For children ages six months to 16 years. Limited to strengths less than or equal to 0.5 mg (1.1 mg sodium fluoride). Does not include toothpastes or rinse.

Vaccines (Immunizations)*

To prevent certain illnesses in infants, children, and adults:

- Influenza: Afluria®, Fluzone [Quad]®, Fluzone®, Fluarix®, Flumist®, Flublok®, Fluad®, Flucelvax®, Flulaval®
- Pneumococcal:
 - -Prevnar 13[®], Pneumovax 23[®]
 - -Prevnar 20[™], Vaxneuvance[™] For members ages 19 and older. Cost-sharing applies for members younger than 19.
- **Shingles:** Shingrix® For members ages 19 and older. Cost-sharing applies for members younger than 19.

Questions? Call the number on the back of your ID card for more information.

This document is intended to offer a general overview of preventive drugs available with no cost-sharing, in accordance with the Affordable Care Act. The medications on the preventive drug list are periodically reviewed by the U.S. Preventive Services Task Force, Health Resources and Services Administration, Centers for Disease Control and Prevention, and U.S. Department of Health and Human Services and are subject to change in accordance with the requirements of the health care law. Preventive medications on this list will not be subject to any cost-sharing when you use an in-network pharmacy, but will be subject to the terms and conditions of age and other coverage requirements. If the government releases additional guidance on preventive medications, this list may be revised accordingly.

Please see your member handbook and/or benefit booklet to determine if your plan includes coverage for in-network preventive services with no cost-sharing. If not, the preventive drugs on this list may be subject to a copayment, coinsurance, or deductible.

Prevention matters

Getting preventive care and taking prescribed preventive medications can help you and your family stay healthier and lower your out-of-pocket medical costs.

What are generic drugs?

Generic drugs have the same active ingredients, dosage amounts, strength, safety, and quality as brand-name prescription medications. Generics are as safe as their brand-name counterparts. Talk to your provider to see if generic drugs are right for you.

More information about recommended immunizations is available from the Centers for Disease Control and Prevention at cdc.gov/vaccines/schedules. Please refer to your plan materials to determine your plan's coverage for preventive services.

- * Your specific needs for preventive services may vary according to your personal risk factors. Your doctor is always your best resource for determining if you're at risk for a condition or if these services are covered for you.
- \dagger Does not include combination products.
- ‡ For complete guidelines, visit the U.S. Preventive Services Task Force online at uspreventiveservicestaskforce.org.

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